

Editorial

*Fabio Vanni**

There are many valuable ideas in this third 2024 issue of *Ricerca Psicoanalitica* [Psychoanalytic Research].

A focus on psychological consultation that, starting from a contribution by Silvia Bertoli and myself, makes use of the comments by Simona Montali, Annarita Viarengo and Linda Alfieri, Maria Carmela Abbruzzese and Enrico Vincenti and concludes with a response by the authors. An intense dialogue, which will certainly not end here but which already makes it possible to focus on the importance and complexity of consultation. The significance of which is not always recognized and is frequently neglected in Psychotherapy training, that often makes stereotypical and reassuring procedures prevail instead of opening up to the encounter with something new. This is what characterizes the consultation and makes it one of the most fascinating and intense clinical moments.

On another level, the dialogue with Benedetto Saraceno, one of the leading experts in mental health, also leads us to understand where we stand, in Italy, in this increasingly important area of health all over the world, but also leads us to share the need to not rest on the laurels of a favourable tradition whose benefits now seem exhausted. There is a need for new ideas and energies.

Subsequently, there is a paper by a work group that includes Roberto Cutajar and other Tuscan colleagues on Sandor Ferenczi's thinking, which, through the use of a specific methodology, delves into the author's last work *The Clinical Diary*, his main assumptions and his theoretical and clinical legacy.

The dialogue section on therapeutic relationships this time brings us into contact with a situation that involves a very young child and his family. It allows us to observe the therapeutic dance in all its delicacy and complexity

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(which is never more necessary than in this case) through the eyes of the therapist and her discussants.

Nevertheless, other contributions also deserve careful reading. Fulvio Forino's commentary on the volume by Vanni, Bosi and Costi on young people, and Tringali's commentary on the book by Riva, Milanese and Resega.

As well as Goisis' comment on Wim Wenders' film 'Perfect Days'.

Finally, the story of a truly innovative experience that has been present for some time in the Lombardy region: Psychological First Aid.

This issue also marks the conclusion of a cycle in which I was the Editor of the Journal for two four-year periods. From the first issue in 2025, Laura Corbelli will take over the leadership of *Ricerca Psicoanalitica* and I will be very happy to accompany her from the editorial office for a while longer, together with Silvia Papini and Atta Negri. While we say goodbye to Laura Polito after many years in which she has edited important parts of the Journal and hands over to Francesca Piazzalunga who brings in new energy and skills.

I want to thank SIPRe for their trust in us in recent years and I hope this group, that has worked well over the years, continues to improve the quality of our Journal, its dissemination, its impact in the culture of psychological care and in the understanding of human subjects in relationships.

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